

Rockwell Charter High

Outpost Menu

MARCH

2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Rock Dawgs chips Salad	Pizza Rippers Salad
5	6	7	8	9
NO SCHOOL!!	Nacho Beef Refried Beans	Beef Bean & Cheese Burrito Salas	Corn Dogs Chips, Veggie cup Fruit cup	Pizza Rippers Salad
12	13	14	15	16
Breakfast Egg, Sausage Cheese English Muffins	Café Rio Salad	Chicken Nuggets Fries	Shredded Pork Chips Salad	Pizza Rippers Salad
19	20	21	22	23
Pancakes Sausage Hashbrowns	Salisbury Steak Mash Potatoes Mixed Veg	Cheeseburger Fries	Ham or Turkey Hoagie Baked Chips Veg cups	Pizza Rippers Salad
26	27	28	29	30
Tornados Hashbrowns Pop-Tarts	Salad Shakers W/ Ham Roll	Hawaiian Haystack	Chicken Patty Sandwich & Veggies Chips	Pizza Rippers Salad

Free and reduced lunch applications accepted anytime online through [Aspire](#) or in the office.

Fruit, Milk & Juice is served with every meal.

This institution is an equal opportunity provider