

# Rockwell Charter High

## Outpost Menu

# SEPTEMBER

2017

Monday	Tuesday	Wednesday	Thursday	Friday
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				Pepperoni or Cheese Pizza Rippers Salad
4	5	6	7	8
NO SCHOOL!!! LABOR DAY	Chef Salad Shakers	Cheeseburger Fries Corn	Chicken Patty Sandwich Chips & Veggies	Pepperoni or Cheese Pizza Rippers Salad
11	12	13	14	15
Corn Dogs Chips Veggie Cup	Flat Taco	Nachos w/ Ground Beef Salsa Refried Beans	Ham or Turkey Hoagie Baked Chips	Pepperoni or Cheese Pizza Rippers Salad
18	19	20	21	22
Egg McMuffin Hashbrowns Sausage	Rock-Dogs Baked Beans Cole Slaw	Chicken Nuggets Fries	Shredded Pork Baked Chips	Pepperoni or Cheese Pizza Rippers Salad
25	26	27	28	29
Hawaiian Flagstack	Café Rio Salad	Salisbury Steak Mash Potatoes Mixed Veg, Roll	Chicken Caesar Wraps Carrots/Chips	Pepperoni or Cheese Pizza Rippers Salad

*Free and reduced lunch applications accepted anytime online through Aspire or in the office.*

*Fruit, Milk & Juice is served with every meal.*

*This institution is an equal opportunity provider*